

KR TRACK AND FIELD RECORDS

Boys			Hand times recorded in 1/10th	FAT times are recorded in 1/100th
Event	Freshman	Soph	Junior	Senior
100 M	2008 Cameron McKernan 11.1	1997 BJ Tucker 10.84	1990 Kyle Proctor 10.5	1995 Chris Courtney 10.66
200 M	2015 Solomon Hines 22.99	1997 BJ Tucker 21.5	1990 Kyle Proctor 21.81	2018 Solomon Hines 21.65
400 M	2016 Nathan Peak 52.98	2006 Jordan Spriggs 51.3	1974 Ben Inman 48.6	2003 Alex Harcourt 48.97
800 M	2010 Grant Wilson 2:04.78	1973 Rick Gehrts 1.57.1	1974 Rick Gehrts 1.55.4	2017 Brock O'Neal 1:53.66
1600 M	2010 Sterling Bath 4:41.61	2004 Scott Sabo 4:24.9	1989 Tom Roorda 4.22.1	1979 Pat Ewing 4.17.5
3200 M	2017 Nathan Eller 10:28.28	2004 Scott Sabo 9:34.2	2005 Scott Sabo 9:28.9	2012 Talon Abernathy 9:21.16
110 M High Hurdles	2010 Bralen Westendorf 16.03	2002 James Fredrickson 14.4	2015 Tanner Conner 14.30a 2003 James Fredrickson 14.1h	2016 Tanner Conner 14.09
300 M Low Hurdles	2010 Bralen Westendorf 41.83	2011 Bralen Westendorf 39.73	2003 James Fredrickson 37.76	2004 James Fredrickson 37.00
High Jump	2006 Derek Clement 5' 10"	1999 Barrett Keitges 6' 7"	2017 Tyler Cronk 7' 2"	2018 Tyler Cronk 7' 3"
Long Jump	2010 Danny Wilson 20' 4.5"	1976 Larry Costello 23' 3.75"	1980 Thomas Shelbua 23' 7"	1975 Craig Williams 23' 8.5"
Triple Jump	2005 Aaron Beck 40' 2"	1999 Barrett Keitges 43' 10.5"	1990 Kyle Proctor 45' 2"	1975 Robert Williams 48' 8.5"
Shot Put	2019 Montey Cromartie 39' 11.25"	1977 Steve Pauschek 51' 9.5"	1978 Steve Pauschek 55' 5.5"	1979 Steve Pauschek 58' 1.75"
Discus	2019 Parker Callendar 105' 9"	1986 Jerome Herring 154' 11"	1987 Jerome Herring 172' 1.5"	1988 Jerome Herring 166' 0"
Javelin	2014 Trent Kainz 130' 1"	2014 Alex Patnode 159' 8"	2012 Kevin Hall 155' 4"	2014 Devon Smith 163' 5"
Pole Vault	2012 Jake Philpott 11' 6"	2013 Jake Philpott 13' 3"	2014 Jake Philpott 14' 1"	1986 Mark Vanderville 14' 9"
Decathlon		2014 Alex Patnode 4487	2014 Antony Randolph 4779	2013 Kevin Hall 5479 pts.

Girls			hand times recorded in 1/10th	FAT times are recorded in 1/100th
Event	Freshman	Soph	Junior	Senior
100 M	2016 Lauryn Ford 12.19	2017 Lauryn Ford 12.09	2018 Bonet Henderson 12.16	2019 Bonet Henderson 12.02
200 M	2016 Lauryn Ford 24.76	2017 Lauryn Ford 25.04	1989 Heather Carlson 24.9	2019 Bonet Henderson 24.53
400 M	2016 Lauryn Ford 59.21	1979 Lynn Golden 58.8	2018 Bonet Henderson 58.80	2010 Jaclyn Onosko 58.45
800 M	2009 Molly Shiroishi 2:18.50	*1969 Linda Iddings 2:12.9 1994 Brigid Byrne 2:19.0	1975 Marjan Mouljin 2.18.6	*1970 Barbara Johnson 2:10.5 1996 Brigid Byrne 2.16.8
1600 M	2009 Molly Shiroishi 5:29.41	2003 Tiffany Takeuchi 5:19.4	2003 Sarah Benson 5:19.7	2004 Sarah Benson 5:18.8
3200 M	2007 Lindsay Deck 12:08.8	2013 Kyra Kaiser 11:42.54	2003 Sarah Benson 11:29.6	2004 Sarah Benson 11:20.9
100 M High Hurdles	2016 Faith Marshall 15.70	2012 Lexi Klinkenberg 15.35	2013 Lexi Klinkenberg 15.18	2014 Lexi Klinkenberg 14.96aw
300 M Low Hurdles	2011 Lexi Klinkenberg 45.99	2012 Lexi Klinkenberg 45.21	2013 Lexi Klinkenberg 44.48	2014 Lexi Klinkenberg 44.25
High Jump	2006 Laura Tesch 5' 5"	2007 Laura Tesch 5' 4"	1977 D. Jaeger 5' 4" 2008 Laura Tesch	*1971 Linda Iddings 5' 8" 2004 ReOnda Hall 5' 6"
Long Jump	2016 Lauryn Ford 18' 4.5"	2010 Katie Lake 17' 10.5"	1980 Isabelle McQuarter 19' 0"	*1971 Linda Iddings 19' 10.5" 2019 Lauryn Ford 19' 0"
Triple Jump	2017 Adriana Snow 33' 10.75"	2017 Adama Bojang 36' 0"	2016 Kiarra Scott 37' 3.25"	2007 Lindsey Fleishman 38' 0.5"
Shot Put	2012 Kiki Gilbert 32' 11"	2002 Shiree Ellis 41' 1"	2003 Shiree Ellis 41' 2.25"	2004 Shiree Ellis 41' 8 3/4"
Discus	2019 Saydi Orange 101' 2"	1993 Celia Anderson 113' 11"	1991 Kim Hulse 122' 0"	1992 Kim Hulse 140' 0"
Javelin	2019 Saydi Orange 106' 0"	2013 Kiki Gilbert 121' 2"	2014 Kiki Gilbert 126' 6"	2010 Jaclyn Onosko 129' 0.75"
Pole Vault	2013 Emily Tea 10' 6"	2009 Amelia Carpenter 10' 0"	2015 Emily Tea 11' 0"	2016 Emily Tea 11' 6"
Decathlon				
Heptathlon	2014 Elizabeth Randolph 2272		2009 Jaclyn Onosko 3292 pts.	2010 Jaclyn Onosko 3361 pts.

w = wind aided

* Prior to WIAA Girls Track & Field

Relays

Boys

400 M	
Mark Schaefer	42.39
Chris Courtney	2nd in State
Jabari Hopson	1994
Kevin Chiles	

1600 M

Aaron Glanz	3:20.03
James Meskill	2nd in State
Jabari Hopson	1994
Kevin Chiles	

Relays

Girls

400 M	
Sydnee Johnson	48.38
Bonet Henderson	
Jayma Erker	2019
Lauryn Ford	

800 M (converted from 880 yards)

Cindy Pederson	1:42.3
Robin Coates	1st in State
Debbie Campbell	1980
Lynn Golden	

1600 M

Jaclyn Onosko	4:00.70
Molly Shiroishi	2009
Dana Johnson	9th in State
Katie Lake	